

Helping Your Fish Thrive in Cooler Months



Fish get cold too.

During cooler months, fish can become stressed, leading to health problems. Follow these simple tips to help your fish to thrive during Winter.

1. Avoid Drafts

Make sure that your fish tanks are not exposed to cold drafts at night—it may pay to shut doors to reduce this.

2. Check Temperature

Check the temperature of your tank with a thermometer. Heaters sometimes stick and their thermostats break down. If your heater does not appear to be working, replace it. For information about the ideal temperature in which to keep your fish, download the free Care Sheets from the Aquarium Industries website.

3. Check the Size of your Heater

Check that your heater is big enough for your tank, by following the manufacturer's recommendations.

4. Check Water Parameters

Ensure that your water quality is correct—once again, the Aquarium Industries Care Sheets are a great resource for this information. Purchase a quality Water Test Kit and test your water regularly. Keep the tank clean, and check that your filters are fully operational.

5. Avoid Large Water Changes

Filling the tank with cold water can reduce the temperature significantly, leading to stress and disease. Try more frequent, but smaller, water changes instead.

6. Treat with Medication as needed

Fish under temperature stress can commonly suffer from fungal disease or whitespot. Keep an eye out for these, and treat with medication as needed.

7. Feed a Nutritious Diet

Make sure that you feed a nutritious diet, to boost your fish' immune system. Ensure that it is a quality food such as Tetra. Cheaper brands do not always contain all of the nutrients that your fish require. Frozen foods can also be a big help in adding vitamins and minerals to the diet.